

- 1) You do **not** need to speak Spanish before you arrive.
- 2) You should make sure you have appropriate medical insurance for international travel. There are companies that Maximo Nivel can recommend to you.
- 3) Usually there are 3 – 5 people living in the family you will be placed with.
- 4) Money for expenses (for personal items, souvenirs, sight-seeing, public transportation) is up to you, the recommendation is \$250 or credit card.
- 5) Water in Guatemala is NOT safe to drink out of the tap. It can be purified by boiling it or adding water purification tablets.
- 6) It is suggested that you have vaccinations for Hepatitis A and Tetanus.
- 7) You should check with your physician to make sure you are healthy for travel; do so at least 4 weeks before traveling.
- 8) You should think about bringing medication for “traveler’s diarrhea” – this should be discussed with your physician as well.
- 9) The trip is planned for May 14 – 21, 2012.